

## Year 10 - Lesson 1: Alcohol - a Rite of Passage?

<p><b>Learning Intentions P</b></p> <p>I know about the different stages of life</p> <p>I understand that my life is unique</p> <p>I understand that the acceptable use of alcohol changes with circumstances</p>	<p><b>Resources</b></p> <p>Time line</p> <p>PowerPoint slides</p> <p>Circumstances cards</p>	
<p><b>Engagement</b></p> <p>Teacher introduces the timeline 0-old age (drawn on a board).</p> <p>Points to raise:</p> <ul style="list-style-type: none"> <li>We all have the same starting point, conception and then birth.</li> <li>We are all different and diverge as soon as we are conceived.</li> <li>There are lots of similarities about who we are and what happens to us but no two timelines will be identical, even those of identical twins.</li> </ul> <p>The class then suggests milestones (starting school, GCSEs, prom, job, driving test, marriage, children etc.) on the timeline which volunteers can occupy and which can then have a sound effect. The time line volunteers do a Mexican wave from conception onwards with sound effects as well as movement.</p>	<p><b>Prompt</b></p> <p>How are these milestones celebrated?</p> <p>Is there an expectation that alcohol will be part of these milestones?</p> <p>Why/why not?</p> <p>What influences our expectations?</p>	
<p><b>Module overview</b></p> <p>Show students PowerPoint slides of module overview.</p> <p>In this module, students will cover:</p> <ul style="list-style-type: none"> <li>Knowledge and perspectives of drugs and alcohol</li> <li>Alcohol and the law (does the government want us to drink more?)</li> <li>Risks and consequences - reasons to drink or not to drink; reasons to binge</li> <li>Health issues</li> <li>Responsibilities to self and to others, first aid and recovery position</li> <li>Review, assessment quiz and end product is a checklist for being a great party host/hostess</li> </ul>		